

Lichen Sclerosus (LS)

What is Lichen Sclerosus?

Lichen Sclerosus (LS) is a skin problem that occurs in the genitals area.

What are the signs of Lichen Sclerosus?

Lichen Sclerosus causes white patches on the skin around the vulva and the anus. It can cause itching and pain. Sometimes it causes the skin to crack (fissures) which can cause bleeding. Sometimes your child may have white skin changes, only a few symptoms, or no symptoms at all.

What causes LS?

The exact cause of LS is unknown. We do know that it's an inflammatory skin condition that causes the outside layer of your child's skin to thin.

It does not spread from one person to another. If it's not treated appropriately, it can lead to permanent scarring of the tissue.

How is LS treated?

LS is treated with good skin care and prescription cream.

- Follow the guidelines for vulvar skin care in the handout called "Pediatric Vulvovaginitis: Tips for Getting and Staying Better." These are routine self-care guidelines.
- Start using the cream CLOBETASOL 0.05% prescribed today for the specific amount of time that is recommended by your doctor.
 - Put on a pea size amount to the vulvar skin in the parts with skin changes.
 - If possible, put on the cream just after taking a plain water bath. More information about this is explained on the handout "Pediatric Vulvovaginitis: Tips for Getting and Staying Better."
- Talk with your child's doctor about when to come back for a checkup visit.

Please call Pediatric and Adolescent Gynecology for any reason, at any time, 720-777-2667.

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