CAN A QUITLINE COACH CALL YOU TO HELP YOU QUIT?

Sign BELOW If That Is OK

	(Print Clearly)
Your name (Last):	(First):
Date of Birth:	Gender: M F
I am ready to quit tobacco and request that the Colorado QuitLine contact me.	
I understand that the Colorado QuitLine will inform my provider about my participation and quitting results.	
Participant signature:	
Date:7	This release shall be valid for one year after this date.
Address:	
City:	CO Zip:
Phone #1:	#2:
E-mail	
Best times to call: morning	afternoon weekend evening
May we leave a message: Yes:	No:
Language: English: Spanish	: Other:
Are you hearing impaired and no	eed assistance? Yes: No:
Referral Information (Print Clearly) Child Health Clinic Children's Hospital Colorado 13123 E. 16th Ave Aurora, CO 80045 Contact the Breathing Institute Phone: 720-777-6181 Fax: 720-777-7283	

We will fax this form to QuitLine for you. COLORADO

Fax: 1-800-261-6259 Date: _____

Phone: 800-QUIT-NOW 800-784-8669





The ONE Step

The best thing you can do to protect your child is to quit smoking. If you are not ready to quit, the next best thing is to take **ONE Step.**

Always step outside your home or car to smoke.

For more information about the dangers of secondhand smoke and how the ONE Step can help you protect your child, visit:

RaiseSmokeFreeKids.com

THINK TWICE

Here are two more great reasons to take the ONE Step.

If you smoke around your child, your child will be:

- 1. Sick more often
- 2. More likely to START SMOKING

Children's Hospital Colorado





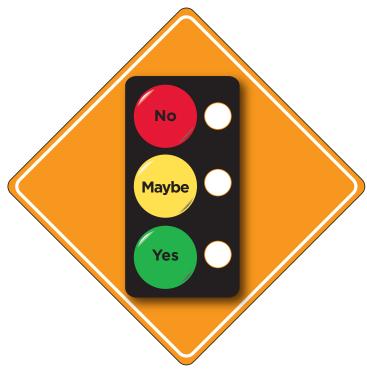
800-QUIT-NOW 800-784-8669

- NO cost to you
- FREE nicotine patches
- FREE personalized plan with a Quit Coach



READY TO QUIT SMOKING?

Check one of the circles below.



Please share this with your provider today.

