

CAN A QUITLINE COACH CALL YOU TO HELP YOU QUIT?

Sign **BELOW** If That Is OK

(Print Clearly)

Your name (Last): _____ (First): _____

Date of Birth: _____ Gender: M ___ F ___

_____ I am ready to quit tobacco and request that the Colorado QuitLine
Initial contact me.

I understand that the Colorado QuitLine will inform my provider about my participation and quitting results.

Participant signature: _____

Date: _____ *This release shall be valid for one year after this date.*

Address: _____

City: _____ CO Zip: _____

Phone #1: _____ #2: _____

E-mail _____

Best times to call: morning ___ afternoon ___ weekend ___ evening ___

May we leave a message: Yes: ___ No: ___

Language: English: ___ Spanish: ___ Other: _____

Are you hearing impaired and need assistance? Yes: ___ No: ___

Referral Information (Print Clearly)

Child Health Clinic Children's Hospital Colorado | 13123 E. 16th Ave | Aurora, CO 80045

Contact the Breathing Institute | Phone: 720-777-6181 | Fax: 720-777-7283

We will fax this form to QuitLine for you. **COLORADO**
QuitLine
Be tobacco free

Fax: 1-800-261-6259 Date: _____

Phone: 800-QUIT-NOW 800-784-8669

Confidentiality Notice: This facsimile contains confidential information. If you have received this in error, please notify the sender immediately by telephone and confidentially dispose of the material. Do not review, disclose, copy or distribute.



The ONE Step



The best thing you can do to protect your child is to quit smoking. If you are not ready to quit, the next best thing is to take **ONE Step**.

Always step outside your home or car to smoke.

For more information about the dangers of secondhand smoke and how the ONE Step can help you protect your child, visit:

RaiseSmokeFreeKids.com

THINK TWICE

Here are two more great reasons to take the ONE Step.

If you smoke around your child, your child will be:

- 1. Sick more often**
- 2. More likely to START SMOKING**

Children's Hospital Colorado

Affiliated with
University of Colorado
Anschutz Medical Campus



800-QUIT-NOW 800-784-8669

- o NO cost to you
- o FREE nicotine patches
- o FREE personalized plan with a Quit Coach



READY TO QUIT SMOKING?

Check one of the circles below.



Please share this with your provider today.



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